

Newsletter

DOCTORS FOR YOU

APRIL, 2025

DFY Celebrates World Health Day Across 10 Centres in India Reaching 650+ People

Supported by: Pfizer, Wipro Foundation, BC Jindal Foundation



On April 7, 2025, Doctors For You (DFY) joined the global celebration of World Health Day, embracing this year's theme —“Healthy Beginnings, Hopeful Futures”. The theme focuses on maternal and newborn health, aiming to reduce preventable deaths and ensure the long-term well-being of women and children. As part of the WHO's year-long campaign to highlight this crucial issue, DFY conducted awareness and service-based activities across 10 centres in India, reaching 665 beneficiaries, including 280 males and 385 females. These events focused on preventive healthcare, early detection, and community education to strengthen family health outcomes.

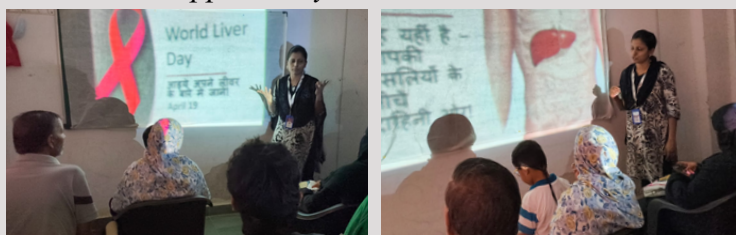
Among the centres, the BC Jindal Health Centre in Belur, West Bengal, organized an engaging program that included basic health check-ups (BP, BMI), interactive awareness sessions on nutrition and lifestyle diseases, and distribution of wellness kits. Patients participated in health pledges, a health quiz, and used a themed photo booth, creating a fun yet informative atmosphere. Regular patients showing health improvements were recognized, fostering motivation and trust in the healthcare system.

In Mumbai, at Gautam Nagar, the DFY MCH team supported by Wipro Foundation celebrated the day with a child-centric learning activity focused on nutrition. Children took part in a creative game titled “Healthy vs. Unhealthy Food”, where they classified food items and learned about healthy eating habits. The activity made nutrition education interactive and memorable, reinforcing the importance of healthy choices from a young age.

Through these diverse celebrations, DFY reaffirmed its dedication to equitable healthcare, community engagement, and the promotion of healthier futures for all.

World Liver Day: DFY Raises Awareness Among Community Members

Supported by: MD Khattar



On 18th April 2025, at the DFY Ishwardevi Khattar Clinic in Natwar Parikh, Doctors For You organized an engaging awareness session to mark World Liver Day. Conducted by staff members Shahina and Archana, the session featured an informative PowerPoint presentation aimed at educating community members on the importance of liver health. Participants learned about the vital functions of the liver, common liver diseases, and practical tips for maintaining liver wellness through a balanced diet and healthy lifestyle choices. A total of 19 beneficiaries from the local community attended and benefited from the session, which successfully promoted preventive health awareness in a simple and accessible manner.

Hearing Aid Donation Drive at CH Pulwama

Supported by: J&K Bank



Doctors For You, in collaboration with the VMS Society, is organizing a compassionate hearing aid donation camp at CH Pulwama. This heartfelt initiative aims to support individuals from Below Poverty Line (BPL) families who are living with hearing disabilities. By providing hearing aid devices, the event seeks to restore not just hearing, but also dignity, connection, and confidence in the lives of the beneficiaries. It is a step toward inclusivity, accessibility, and empowering those in need through the gift of sound.



Doctors For You (DFY) at World Health Summit (WHS) Regional Meeting 2025

Supported by: HCL Foundation



Doctors For You (DFY) actively participated in the World Health Summit (WHS) Regional Meeting 2025, held from April 25–27 at Bharat Mandapam, Pragati Maidan, New Delhi. The summit, themed "Scaling Access to Ensure Health Equity," brought together global healthcare leaders, policymakers, and organizations.

Hosted by NIMS University and co-hosted by Manipal Academy of Higher Education and Ashoka University, the event provided DFY an excellent platform to showcase its initiatives in healthcare access, emergency response, and capacity building. DFY's stall attracted significant attention from national and international delegates. Senior DFY representatives also attended keynote sessions, gaining valuable insights on innovations and collaborative strategies for strengthening health systems. The summit helped DFY strengthen its global connections and highlight its impact on advancing healthcare equity.

It also opened new avenues for collaboration with like-minded organizations, enabling DFY to expand its reach and amplify its efforts towards building resilient and inclusive healthcare systems. DFY remains committed to driving meaningful change through knowledge sharing, partnerships, and community-focused action.

PEHEL: Anemia Prevention Programme Project Dissemination Event

Supported by: Metropolis Foundation



DFY organized the Anemia Project Dissemination Event at Meena Devi Jindal MIRC, Civil Lines, New Delhi, to highlight the achievements and impact of its anemia prevention efforts. The event featured expert talks, health screenings, and success stories from the field. Over 16,800 beneficiaries were screened during the project, with many receiving iron supplements and nutrition kits.

Children who showed improved hemoglobin levels were felicitated, and DFY recognized the contributions of partner NGOs, schools, and stakeholders. The event concluded with interactive community engagement and a strong call to action to sustain such impactful health initiatives.

Stakeholders shared inspiring stories from health camps and heartfelt messages from principals and beneficiaries. A special exhibition displayed educational materials created during the campaign. School representatives expressed interest in continuing awareness drives, reflecting the long-term value of the initiative. DFY extends its sincere gratitude to all partners, sponsors, and team members for their unwavering commitment and support.

World Earth Day 2025 | Raising Voices for a Greener Tomorrow

Supported by: Wipro Foundation



On 22nd April 2025, the Wipro Foundation-supported DFY WASH team conducted a powerful awareness session in Gautam Nagar, engaging the local residents in meaningful conversations about our planet's health and the urgent need for environmental action.

The session focused on key issues like:

- Global Warming
- Air Pollution
- Water Pollution
- Land Pollution

To bring the message to life, a community model was created, representing the current challenges faced by the area—lack of greenery, poor hygiene, and sanitation. Designed in dark tones, the model reflected the harsh realities: waterlogging, extreme heat, and increased disease outbreaks due to pollution and poor environmental practices.

This Earth Day, we pledged for change.

We encouraged the community to take small but impactful steps toward a cleaner and greener future. The goal is work towards transforming this model by next year's Earth Day—with more green spaces, better hygiene, and a healthier environment driven by collective behavioral change.

A total of 35 beneficiaries were reached through sessions conducted as part of the celebration.



Dr. Rajat Jain, President, DFY, and Shandeepan G, Director, DFY, at the CSR Annual Workshop organized by Boeing for their pan-India partners on April 25, 2025, in Bengaluru.



Dr. Rajat Jain, President, DFY, felicitating students at Allenhouse Public School, Vasundhara, Ghaziabad.



Basic Life Support (BLS) training, IRIA House, New Delhi.

STAFF OF THE MONTH



Mr Danish is a dedicated, accountable and hardworking staff of Aastha Cancer Helpdesk, Safdarjung Hospital - New Delhi.

He has consistently gone above and beyond in his role as a DEO demonstrating exceptional dedication, teamwork, and a positive attitude towards the patients that inspires the whole team around him.

CONTACT US

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